

For Immediate Release:

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FREE Health Assessment Screening

Free Health Assessment Screenings will be given to the community at the Steel Valley Council of Government Building, 201 East 18th Avenue in Homestead, on April 8th from 10 AM- 2 PM. No pre registration is required.

At the screening, you can find out about your overall health and wellness by completing a Personal Health Assessment! Fill out a questionnaire, have your blood drawn by a certified phlebotomist, and have the following items checked: Cholesterol, HDL Levels, LDL Levels, Triglycerides, Blood Pressure, Resting Pulse, Osteoporosis, Vision And more!! It is recommended that for optimal results, it is best to fast for eight to ten hours prior to having your blood drawn.

TCV MH/MR, Inc, Prevention Staff will also be available to give information about tobacco use and to test your CO levels with a CO Monitor.

This event is sponsored by the Mon Valley Providers Council and the Highmark Caring Foundation. Turtle Creek Valley MH/MR, Inc. and UPMC Braddock are co-coordinating the event with MVPC. For further information, please call 412-829-7112