

**For Immediate Release:**  
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## **TCV MH/MR, Inc. After School Program is in its 4<sup>th</sup> Year of Operation!**

Congratulations to the children who attend the TCV MH/MR, Inc. After School Program for exceeding in and out of school! They have a fantastic attendance record and high return rate back to the program. The TCV MH/MR, Inc. After School Program relocated to the Braddock Employment Training Center this year, which provides more space for the children. The After School Program provides academic support, life skills lessons, recreational/ athletic activities and cultural enrichment activities to 35 Woodland Hills students in grades 1-9. The program operates daily from 3-7 PM. Youth receive assistance completing homework and studying for tests, participate in daily physical fitness activities, life skills lessons and arts/crafts. Program staff transport the students home at the end of each day. Youth participants also have the opportunity to participate in alternative programming such as The First Tee Program at the Schenley Golf Course and Ceramics/Clay Club at the Braddock Carnegie Library.

All of these relationships have assisted them in improving their communication skills and learn conflict resolution/decision-making skills. Many of the youth said that these programs helped them to grow in many ways. After School staff also provide case management services and work with family members to link them to resources that meet their family needs. Through the program, several youth now receive mental health services provide support in managing difficult behaviors and improving family member relationships. Families also receive information to assist with financial planning and budgeting, community resources, and summer camps.

We would like to thank **General Mills** for their \$10,000 donation to implement TCV Fitness Generation. Other kind generations include: **PNC Bank** (\$12,000), **Equitable Resources** (\$10,000) and **UPMC Health Plan** (\$5,000) for donations through the EITC Program.

If you would like your child to participate in the TCV MH/MR, Inc. After School Program, please call 412-351-0222..