

**For Immediate Release**

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## **TCV MH/MR, Inc. Prevention Department Nominated to Teach Violence Prevention Classes**

Congrats to the kid's team of TCV MH/MR, Inc. for their nomination to pilot ACT Against Violence: Parents Raising Safe Kids Program in local communities. The American Psychological Association developed ACT with the goal of educating parents, educators and other professionals involved in young children's lives about family violence prevention. Through ACT, adults involved in the lives of children ages birth to 8 years learn violence prevention skills.

The parenting program currently has 19 parents enrolled in the eight-week class session. The parents represent the different communities along the Mon Valley area; however, most of the families are from Braddock, Rankin or North Braddock.

Participant Natalie M. says that she and others are participants of the program because they would like to "to be updated on parenting trends and how to deal with aggressive behavior. The participants range from very young parents to grandmothers raising grandchildren. The program is very understanding. It teaches us how we view and how to deal with bad habits in order to deal with children. We are taught not to yell, but how to reprimand in a quiet and stern way. We are being taught all facets of dealing with children of the new millennium."

At the outset of this initiative, TCV MH/MR, Inc. received overwhelming support from our community providers and would like to thank Children's Hospital's Family Care Connection, Braddock Employment and Training Center and 4 Kids Early Learning Network for their generous assistance in making this parenting program a wonderful experience for our families.

(more)

Thank you to the United Way of Allegheny County for the generous financial support to fund this parenting program. The United Way is interested in expanding this anti-violence research-based program that mobilizes communities and educates families and caregivers to help protect children and youth from violence before it occurs.

Please contact Lisa Freeman, TCV MH/MR, Inc. ACT Program facilitator for further information at 412-464-1522 x570 or [lfreeman@tcvmhmr.org](mailto:lfreeman@tcvmhmr.org)



***Caption: Parenting class attendees***



***Caption: Lisa, program facilitator, presenting techniques to participants***